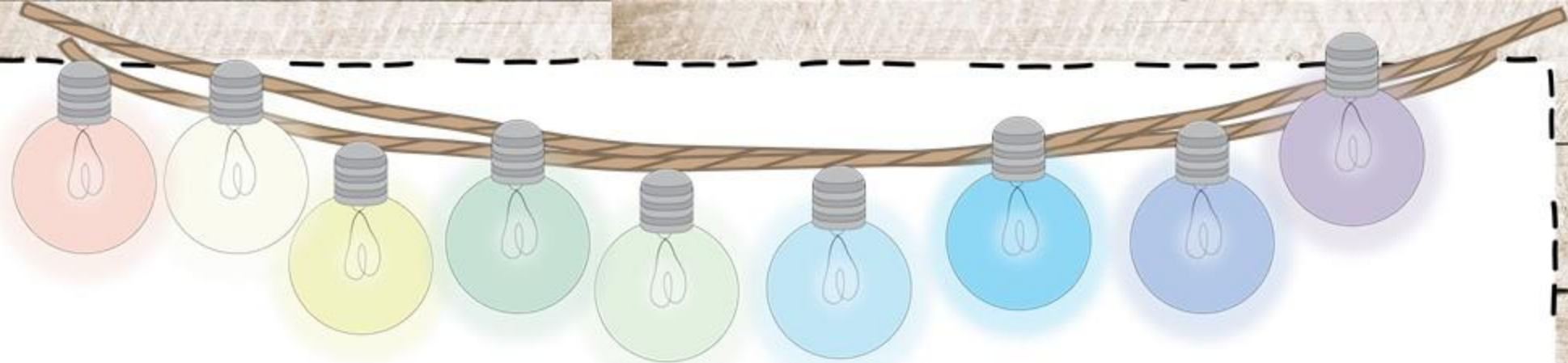




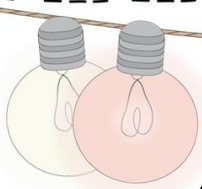
Welcome
BACK TO SCHOOL!



Meet the Teacher

2021-2022

Mario Cabral
Grade 3



A BIT ABOUT ME

Grade 3 Teacher to 28 incredible kids



MEET THE TEACHER

The Basics



I AM EX MILITARY. I WAS A MEMBER OF THE PRINCESS PATRICIAS
CANADIAN LIGHT INFANTRY

I WORKED WITH THE BOILERMAKERS IN THE OILFIELD INDUSTRY
FOR A FEW YEARS BEFORE GOING BACK TO SCHOOL TO BECOME A
TEACHER.

I'VE BEEN TEACHING NOW FOR 16 YEARS. I STARTED IN GRADE 2,
THEN 4 AND NOW 3.

I'M TOTALLY EXCITED TO BE YOUR CHILD'S GRADE 3 TEACHER!

MY Childhood

I GREW UP IN AN EXTENDED FAMILY.

MY FAMILY EMIGRATED FROM SÃO MIGUEL, AZORES, PORTUGAL.
ENGLISH IS MY SECOND LANGUAGE THANKS TO AMAZING TEACHERS,
MR. ROGERS, SESAME STREET, FLINTSTONES, AND A FEW OTHER 70S
AND 80S EDUCATIONAL PROGRAMS.

I'VE CALLED OUR PLANET EARTH HOME FOR NEARLY A HALF A
CENTURY, BUT I FEEL LIKE I'M IN MY 20S MOST DAYS.

MY FAVES

MY WIFE APRIL
MY TWO BOYS
ANTERO WHO IS 14 IN
GRADE 9 AT ST. ROSE
AND RIO WHO IS 11 IN
GRADE 6 AT ST. PAUL
MY DOG VEDA, A
GERMAN WIRE HAired
POINTER

I LOVE ADVENTURE
TRAVEL, LONGBOARDING,
CAMPING, WIKING,
SNOWBOARDING, BIKING.
I ALSO LOVE CLASSIC
CARS, FUTEBOL, AND OF
COURSE TEACHING!

MY Education

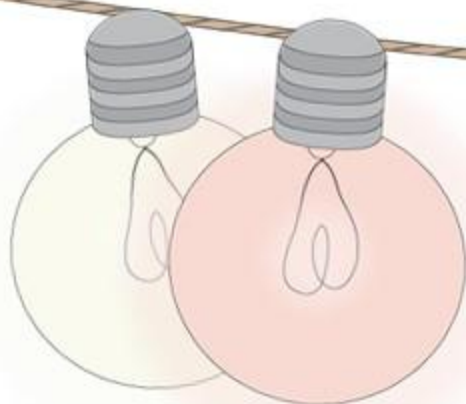
I WENT TO CONCORDIA UNIVERSITY FOR
MY BACHELOR OF ARTS. MAJOR IN
SOCIOLOGY MINOR IN PHILOSOPHY
THEN I WENT TO THE UNIVERSITY OF
ALBERTA FOR MY EDUCATION DEGREE

Contact Me

PLEASE REACH OUT TO ME ANYTIME
VIA EMAIL
MARIO.CABRAL@ECSD.NET

Our Introductory Video...

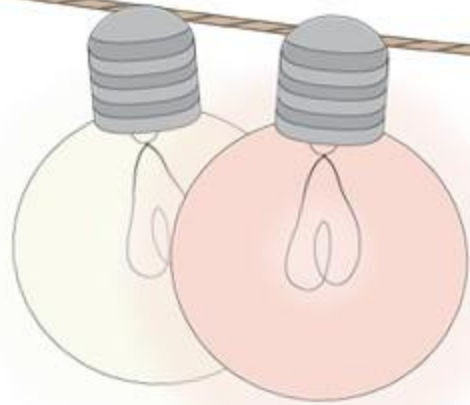




OUR SCHEDULE

Mario Cabral Grade 3 2021-22

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:25 - 9:00 (35 min)	Religion	Religion	Religion	Religion	Religion
9:00 - 9:30 (30 min)	PE	PE	PE	PE	PE
9:30 - 10:00 (30 min)	LA	LA	LA	LA	LA
10:00- 10:15			Recess		
10:15 - 11:00 (45 min)	LA	LA	LA	LA	Music (10:30-11:00)
11:00 - 11:45 (45 min)	Math	Math	Music	Math	Math
11:45 - 12:00	Lunch Recess	Lunch Recess	Lunch Recess	Dismissal at 11:57am on Thursday	Lunch Recess
12:00 - 12:25	Lunch	Lunch	Lunch		Lunch
12:30 - 1:00 (30 min)	Math	Math	LA		Social
1:00 - 1:45 (45 min)	Science	Science	Science		Science
1:45 - 2:00			RECESS		
2:00 - 2:30 (30 min)	Health/PATHS	Health/PATHS	Social		Art
2:30 - 3:05 (35 min)	Social	Social	Social		Art



COMMUNICATION

- Google Classroom
- Agendas
- Google Sites
- Email
- PowerSchool





Google Classroom

We have a Google Classroom this year. You can access it from home by going to:

1. Open the Google Chrome Browser
2. Type www.google.com
3. Click on **SIGN IN** in the upper right hand corner of the browser window. If you are logged in as a parent then add a person.
4. Type in your child's **Google Email address** & click "next."
5. xxxxxxx@school.ecsd.net Replace the X's with the students 7 digit ID number
6. Type in the student **PASSWORD** & click "next." The password is unique to each child.
7. Now you will see that the student is signed into their Google Apps for Education account!



HOMEWORK

Typically there is no homework unless a home project is assigned. However, kids are expected to read daily for 20-30 minutes. They also have access to Raz Kids and Vocabulary work for their word wall words from any internet browser. All links are posted in google classroom under classroom materials.



Grade 3 Alberta Curriculum

GRADE 3 AT A GLANCE



The Grade 3 classroom is a busy, exciting place. Grade 3 students take eight required subjects: Art, English Language Arts, Health and Life Skills, Mathematics, Music, Physical Education, Science and Social Studies. Some schools may offer additional optional subjects.



ART

I can make it look even better! Your Grade 3 child will focus on improving the things they make and on making their art look more realistic. They will look closely at the qualities of objects to make their work as good as possible. Your child will also use art to express feelings and ideas.



ENGLISH LANGUAGE ARTS

A spotted cow walked through the deep grass. Grade 3 students use their language skills to describe things in greater detail. They make their own stories more interesting and notice how they can add excitement by saying certain words louder or at a higher pitch. Words become more colourful than ever!



HEALTH AND LIFE SKILLS

I know what to do if someone tries to give me a cigarette. Thanks, but NO WAY! Your child will become more confident about saying no to bullies and taking a stand in making safe and healthy choices. They will know what to do in an emergency and how to express feelings, even anger, in an appropriate way.



MATHEMATICS

Introduction to multiplication and division. Your child will learn about numbers to 1000, using place value. They will understand, apply and recall addition facts up to and including $9 + 9$ and related subtraction facts, and add and subtract 2- and 3-digit numbers, including the use of mental mathematics strategies. Your child will understand and recall multiplication to 5×5 and related division facts. They will solve problems involving number, patterns, measurement and data, and use symbols to solve one-step addition and subtraction equations.



MUSIC

Feel the beat! In Grade 3, students listen to different kinds of musical instruments and recognize that sounds are made in different ways. Through movement, dance and singing, your child will explore various kinds of music and discover different beats and dynamics of music.



PHYSICAL EDUCATION

What are the benefits of an active lifestyle? Your child will take part in various activities that will help them to lead a healthy, active lifestyle. They will grow to appreciate the importance of physical activity, while discovering essential life skills, such as cooperation, leadership, fair play and teamwork.



SCIENCE

Can you hear me? Grade 3 science students learn about sound and about rocks found on Earth's surface. They test and evaluate building materials and apply problem-solving strategies to build structures for a specific classroom challenge. These young scientists also study the life cycles and needs of animals.



SOCIAL STUDIES

What is life like in other countries? How are people in those countries like me? Your child will examine communities in India, Tunisia, Peru and Ukraine. They will explore how people live in these communities, gaining an understanding of the global community and Canada's role within it.

OPTIONAL SUBJECTS

DRAMA
FIRST NATIONS LANGUAGES
INTERNATIONAL LANGUAGES
LOCALLY DEVELOPED COURSES



DON'T FORGET ...

Some additional resources and links can be found on our class website:

The screenshot shows the homepage of the Mr. Cabral Grade 3 class website. At the top, there is a navigation bar with links for Home, Agenda, and News, along with a search icon. The main header features a background image of a blue notebook and a pen, with the text "MR. CABRAL GRADE 3" overlaid. Below the header, the website is divided into two main sections: "Student Expectations in Mr. Cabral's Class:" and "Parent Expectations:". Each section contains a list of bullet points detailing the expectations for students and parents respectively.

Mr. Cabral Home Agenda News

MR. CABRAL GRADE 3

Student Expectations in Mr. Cabral's Class:

- Bring a water bottle (refill station is available)
- Bring a healthy lunch and snacks
- Be polite and courteous to everyone
- Dress appropriately for the weather
- Bring your enthusiasm and creativity
- Bring your mask

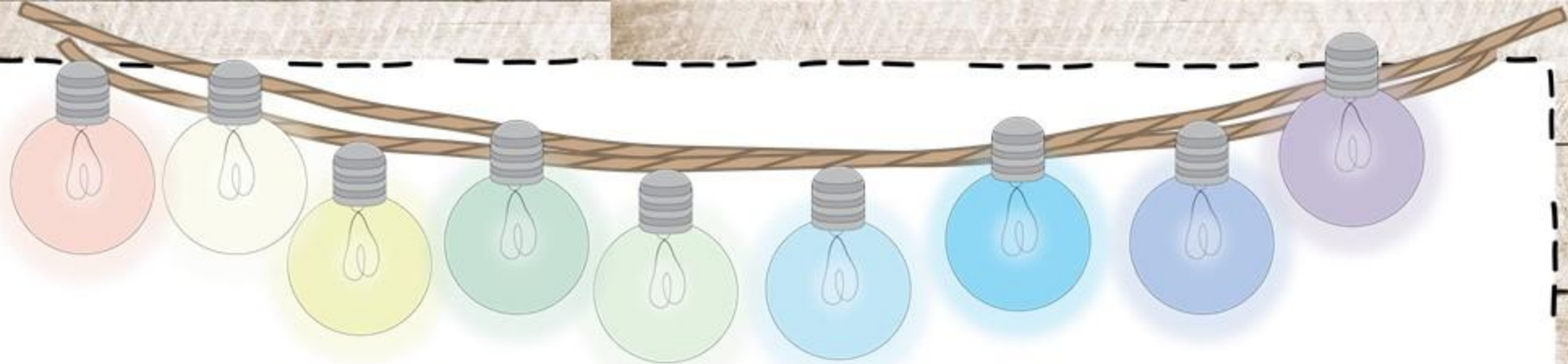
Parent Expectations:

- Check class website frequently to see what's new
- Email me, (mario.cabral@ecsd.net) introduce yourself, and let me know if there is anything I should know about your child, or if you have any questions or concerns.
- Keep your child home if they are ill.



CONTACT ME

If you have a question or
comment, please email me
anytime: Mario.Cabral@ecsd.net



Thank
you!