# Virtual Stay Safe!



Offers basic first aid and safety skills for youth 9-13 years old.

Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.

## **PREREQUISITE**

Minimum 9 years of age (or completion of Grade 3)

#### **COURSE DATES**

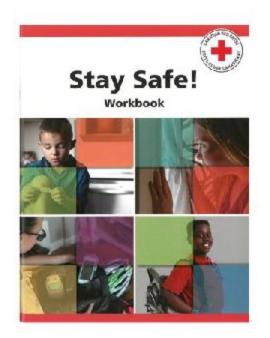
Monday, Tuesday, Thursday 4:30-6:30 pm

Sunday 10 am-12 pm

Feb 21, 28, Mar 7......687119 March 14, 21, 28......687120

#### REGISTRATION

Register Online at MoveLearnPlay.Edmonton.ca or Call 311



#### COURSE CONTENT

- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your own
- How to stay safe at home and within the community
- How to prepare for, recognize and respond to unexpected situations (e.g., inclement weather, strangers, and unanticipated visits)
- Basic first aid skills

#### COURSE MATERIALS

Scheduled pick up of course materials at a City of Edmonton Recreation or Leisure Centre

## TECHNOLOGY REQUIREMENTS

Access to Computer, Camera, Microphone and Internet

## SAFETY CONSIDERATIONS

For virtual classrooms, the following is required: An adult must be on site with the learner – they do not need to be present in the video, but they must be available in the space for help if needed. Recording sessions is not permitted unless parents have signed disclosure statements.



